

<b>DECISION-MAKER:</b>	Cabinet		
<b>SUBJECT:</b>	Mental Health and Wellbeing Strategy		
<b>DATE OF DECISION:</b>	16 <sup>th</sup> July 2024		
<b>REPORT OF:</b>	Councillor Marie Finn, Cabinet Member for Adults & Health		
<b><u>CONTACT DETAILS</u></b>			
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<b>STATEMENT OF CONFIDENTIALITY</b>	
Not Applicable	
<b>BRIEF SUMMARY</b>	
This report seeks Cabinet approval of the new Southampton Mental Health and Wellbeing Strategy and accompanying documents.	
This strategy is for the whole city. It was developed with our partners across the city, including people with lived experience of poor mental health and those who support them. It reflects our shared priorities and the aspirations of services that support mental health and wellbeing in Southampton.	
This strategy aims to support people in Southampton to have good mental health whatever their background or the circumstances in which they live. This strategy describes our joint approach to achieving this vision. It outlines the actions that we will take together to address the needs of our residents and communities. It will be supported by an action plan.	
<b>RECOMMENDATIONS:</b>	
	(i) To approve the new Southampton Mental Health and Wellbeing Strategy and supporting documents.
	(ii) To approve delegation to the Director of Public Health to make minor changes to the strategy during its lifetime.
	(iii) To provide formal approval for the establishment of the Southampton Mental Health and Wellbeing Partnership.
<b>REASONS FOR REPORT RECOMMENDATIONS</b>	
1.	The Southampton Mental Health and Wellbeing strategy has now been finalised, following the completion of the full strategy development cycle including engagement, drafting, public consultation, and refinement from feedback.
<b>ALTERNATIVE OPTIONS CONSIDERED AND REJECTED</b>	
2.	Not having a city-wide Mental Health and Wellbeing Strategy for the city risks worsening the health of Southampton residents, increasing inequalities, and creating a wider impact on services downstream. There would also be

	impacts on the existing local suicide prevention work programme as the new strategy aimed to replace the local Suicide Prevention Plan 2020-2023 through inclusion as one of the six priorities.
3.	Having only a strategy and detailed action plan for suicide prevention in Southampton (i.e. adopting only priority outcome 6: 'Working together to prevent suicide and self-harm and support those who are impacted' from the Mental Health and Wellbeing Strategy). The three-year Southampton Suicide Prevention Plan ended in 2023. To incorporate and refresh this plan, priority 6 of the new strategy is focused on suicide prevention.
<b>DETAIL (Including consultation carried out)</b>	
4.	In September 2022 the Health and Wellbeing Board approved the adoption of the Office for Health Improvement and Disparities (OHID) Prevention Concordat for Better Mental Health for Southampton. This is a nationally recognised commitment that aims to take a prevention-based approach to improving public mental health. A requirement of the Concordat is that there is a local public mental health plan in place and that a multi-agency partnership for mental health and wellbeing is established.
5.	The city-wide Southampton Mental Health and Wellbeing Strategy sets out our shared vision that people in Southampton have good mental health and wellbeing, whatever their background or the circumstances in which they live. It describes our approach and underlying principles to achieving this vision. The strategy outlines six priority areas in which collaborative work across the city will be focused and includes accompanying aims and actions of each. The current landscape of mental health and wellbeing for Southampton, the wider determinants of health, and inequalities for mental health and wellbeing are detailed in the strategy and have formed the basis of the approach.
6.	The strategy has been developed by the Public Health and Policy teams of Southampton City Council. A successful engagement phase for the strategy ran from July to October 2023, including involvement of a wide range of stakeholders from providers, community and voluntary organisations, people with lived experience, and key service leads and Boards at Southampton City Council. Input gained from this phase informed the priorities and strategy content. The Strategy was presented to Health and Wellbeing Board on March 13 <sup>th</sup> 2024 and it was recommended for approval by Cabinet.
7.	Southampton City Council undertook a public consultation on a draft Mental Health and Wellbeing Strategy over an 8-week period between 24 <sup>th</sup> November 2023 and 18 <sup>th</sup> January 2024. The consultation was publicised by press releases, e-bulletins, social media, stakeholder forums and the SCC website. Printed copies of the consultation were available from Southampton libraries. People were able to respond via the online questionnaire, by letter or email. Overall, the consultation received 191 responses. Active consultation was also carried out to increase participation in target groups. These included receiving verbal feedback from mental health participation groups, peer support groups, community groups, and conversations with individuals who did not have access to the internet.
8.	Feedback from the consultation showed most respondents agreed with the proposed vision and six priority areas in the draft strategy overall (86%) and found it clear and easy to understand (77%). Most respondents also agreed

	with each priority (89-90%) and rated them as effective (57-70%). In comments, feedback covered themes including inclusivity, the need for clarity around terms used and raised the need for additional focus on specific groups. A full breakdown of the results can be found the full consultation report (Appendix 3). Feedback from the consultation has now been reflected in the strategy and is detailed in the table of post-consultation strategy amendments (Appendix 4).
9.	A new multi-agency partnership will be established to oversee the delivery of the Southampton Mental Health and Wellbeing Strategy for the city. This partnership will include membership across relevant Southampton City Council services, NHS services, voluntary and community organisations, and people with lived experience. This Partnership will sit alongside the existing Southampton Suicide Prevention Partnership and report to the Health and Wellbeing Board. Links to other relevant partnerships and strategies will be maintained through membership on this group. The partnership will continue to develop the detailed action plan to deliver the strategy. The new multi-agency Southampton Mental Health and Wellbeing Partnership will report progress annually to stakeholders and to the Health and Wellbeing Board. Monitoring of progress and outcomes will also be via the Health and Care Partnership Board. Work to deliver the Southampton Mental Health and Wellbeing Strategy will be evidence informed through support from the Health Determinants Research Collaboration (HDRC) Southampton.
<b>RESOURCE IMPLICATIONS</b>	
<b><u>Capital/Revenue</u></b>	
10.	There is no statutory requirement to have a mental health and wellbeing strategy. Local authorities do, however, have responsibility for local suicide prevention action plans through Health and Wellbeing Boards. There are no additional financial commitments arising from approving this strategy, to Southampton City Council or partner organisations. The commitments made will be delivered through utilising and targeting the existing resources available in the system through partnership working, and effective delivery will therefore require some level of commitment for continued funding of existing services. Adoption and delivery of this strategy will work to support the reduction in demand into secondary mental health services.
<b><u>Property/Other</u></b>	
11.	There are no property or other implications.
<b>LEGAL IMPLICATIONS</b>	
<b><u>Statutory power to undertake proposals in the report:</u></b>	
12.	There is no statutory requirement to have a mental health and wellbeing strategy. Local authorities do, however, have responsibility for local suicide prevention action plans through Health and Wellbeing Boards. This strategy is within the remit of Cabinet to review and approve under s1 of the Localism Act as legal authority.
<b><u>Other Legal Implications:</u></b>	
13.	The consultation and design of the proposed strategy has been undertaken having regard to the requirement of the Equality Act 2010, in particular s.149 of the Public Sector Equality Duty ("PSED"). All actions delivered under the

	strategy and associated Action Plans will be implemented having regard to this duty. Further detail is provided in the ESIA attached at appendix 2.
<b>RISK MANAGEMENT IMPLICATIONS</b>	
14.	<p>Although it is not a statutory requirement to have a mental health and wellbeing strategy, there is a risk that without one the mental health and wellbeing of residents in Southampton will be worse and inequalities will increase.</p> <p>Considerable engagement with this strategy has already taken place from partner organisations, community and voluntary organisations, and members of the public. If this strategy does not reach completion there is the risk of reputational damage for the Council as the organisation leading the development.</p>
<b>POLICY FRAMEWORK IMPLICATIONS</b>	
16.	The proposals in this strategy are in accordance with the councils policy framework.

<b>KEY DECISION?</b>	Yes	
<b>WARDS/COMMUNITIES AFFECTED:</b>	ALL	
<u>SUPPORTING DOCUMENTATION</u>		
<b>Appendices</b>		
1.	Southampton Mental Health and Wellbeing Strategy	
2.	Southampton Mental Health and Wellbeing Strategy ESIA	
3.	Consultation on a draft Southampton mental health and wellbeing strategy - full report	
4.	Table of post-consultation strategy amendments	
<b>Documents In Members' Rooms</b>		
1.	None	
<b>Equality Impact Assessment</b>		
<b>Do the implications/subject of the report require an Equality and Safety Impact Assessment (ESIA) to be carried out.</b>		Yes
<b>Data Protection Impact Assessment</b>		
<b>Do the implications/subject of the report require a Data Protection Impact Assessment (DPIA) to be carried out.</b>		No
<b>Other Background Documents</b>		
<b>Other Background documents available for inspection at:</b>		
<b>Title of Background Paper(s)</b>	<b>Relevant Paragraph of the Access to Information Procedure Rules / Schedule 12A allowing document to be Exempt/Confidential (if applicable)</b>	
1.		

2.		
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